

Lake Cumberland Regional Medical Center
Chatters Cafe Menu



Monday	Tuesday	Wednesday	Thursday	Friday
5/6	5/7	5/8	5/9	5/10
MEATLESS				

		fluffy pancakes with fresh berries, cherry-berry syrup and whipped cream	southwestern omelets	various breakfast sandwiches on a croissant	breakfast yogurt bar	assorted scones
	Entrées	spaghetti and meat sauce	bbq beef brisket	orange chicken	smothered beef and cheese burritos	roast turkey with turkey gravy
		bbq baked chicken quarters	southwest chicken penne pasta bake	sweet and sour meatballs	country fried steak with gravy	shrimp scampi
	Vegetables	crispy parmesan asparagus with garlic butter	succotash	creamy sweet peas	garlic sautéed spinach	cranberry orange sauce
		cheesy broccoli casserole	garlic-parmesan roasted fresh green beans	brown sugar honey glazed baby carrots with butter and thyme	roasted vegetable medley	green beans almondine
	Starch	garlic bread	fiesta rice	lavender coconut rice	buttered corn on the cob	garlic bread
		garlic parmesan roasted potatoes	mashed potatoes	vegetable egg rolls	mashed potatoes	stuffing
		chili dogs and french fries	closed	chili cheese tots	cinnamon churros with chocolate sauce	breaded cheddar and broccoli bites
		boneless & bone-in chicken wing bar with french fries	gourmet burger bar with warm potato salad, baked beans and french fries	indian chicken tikka masala rice bowl with roasted cauliflowers, carrots and broccoli, curry yogurt sauce and garlic naan bread	taco salad or nachos grande with mexican rice and refried beans	fried flounder fish basket with cole salw, hushpuppies and onion rings or fries
		grilled veggie burger and french fries	closed	bacon, apple butter grilled cheese	closed	bbq pork sandwich with french fries
		pinto beans and cornbread	pinto beans and cornbread	pinto beans and cornbread	pinto beans and cornbread	pinto beans and cornbread
		vegetable soup	closed	tomato basil soup	French Onion Soup	cream of potato soup
		hot chocolate fudge cake	apple crisp	banana pudding	fudgy oreo brownies with vanilla ice cream	cinnamon french toast bread pudding with glaze

Menu items are subject to change without notice due to product availability